

Letter to Parent

Dear Parent or Caregiver,

Today I participated in my S.O.S.TM Student Organizational Skills class. I learned that it is important for me to know what personal behaviors, habits, activities or attitudes can prevent me from achieving my goals. These are my middle school Goalbusters:

1. _____
2. _____
3. _____

Here are some strategies I will use to avoid or control my Goalbusters:

I made, or will be making my personal Goal List from page 167 of *The Middle School Student's Guide to Ruling the World!* I will keep my Goal List at my workspace and compare it to my grades and goals at the end of the semester to stay motivated to succeed in middle school!

Thank you for all you do for me every day!

Sincerely,
